

Renew

Facial treatments

Reviderm

Classic 60min./ 100€

This facial treatment is ideal to activate the tired and aged skin. As a result the skin gets soft and rosy.

Anti-aging 95min./ 175€

With microdermabrasion and collagen. Delays the aging process of the skin.

Cellular regeneration I 90min./ 160€

With microdermabrasion and ultrasound. Stimulates, removes the dead cells and regenerates the demanded skin. Active agents are better absorbed, resulting in a rosy, soft and radiant skin.

Relax and lift 120min./ 200€

With microdermabrasion, ultrasound, collagen and special products. Stimulates and regenerates the demanding skin. This anti-aging treatment has a similar effect to *Botox*.

Payot

Energizing ritual 60min./ 80€

For the tired skin, with lack of energy and vitality. Stimulates the dermal tissues and gives luminosity to the face.

Expression lines correction ritual 75min./ 90€

Designed for women from the age of 30, when first signs of ageing start to appear. For all skin types. Works on wrinkles and improves cutaneous firmness.

Ritual lift 75min./ 90€

For the aged skin with lack of firmness. Acts on the wrinkles and treats loss of tone. Conceived for women from age of 45. Treats wrinkles, flaccidity, loss of comfort and provides luminosity to the skin.

Premium ritual 60min./ 80€

Specially adapted to the needs and characteristics of the men's skin. Cleanses thoroughly, detoxifies and purifies the epidermis and regenerates the tissues.

Relax

Massages

Individual massages

Swedish

30min./ 55€

60min./ 80€

Anti-cellulite

45min./ 70€

Balinese

75min./ 110€

Javanese

75min./ 110€

Manawa

60min./ 95€

Lomi-lomi

75min./ 110€

Lomi-lomi with 4 hands

60min./ 130€

Touch of nature (with hot stones)

30min./ 60€

75min./ 90€

Symphony (anti-stress)

75min./ 95€

Scents & sense (aromatherapy)

60min./ 85€

In heaven (head and face)

30min./ 50€

Head, neck and shoulders

45min./ 65€

Pre-mommy

45min./ 70€

Pantai luar (with herbal bags and hot oils)

30min./ 60€

45min./ 80€

Tuina

75min./ 115€

Reflexology

45min./ 65€

60min./ 80€

Lymphatic drainage

30min./ 55€

60min./ 80€

Couple massages

(includes 2 glasses of sparkling wine & Chocolates)

Swedish

75min./ 190€

Touch of nature (with hot stones)

75min./ 190€

Symphony (anti-stress)

75min./ 190€

Scents & sense (aromatherapy)

75min./ 190€

Pamper

Body treatments

Wraps in the Soft Pack

Rose petals

45min./ 55€

Cleopatra

45min./ 55€

Aloe vera

45min./ 60€

Algae

50min./ 60€

Mud

50min./ 55€

Wine pomace

50min./ 55€

Balneotherapy

Eucalyptus

30min./ 45€

Herbs

30min./ 43€

Beer pomace

30min./ 43€

Bolus alba with *after eight*

30min./ 45€

Peelings on the Hamam Table

Salt & oil

20min./ 40€

Bolus alba with goat milk

30min./ 45€

Natural bolus alba with flowers

30min./ 45€

Enzymatic with papaya and pineapple

30min./ 50€

Mud bath in the Rasul

1 person

40min./ 55€

2 people

50min./ 90€

(Includes an application of special oils)

Anti-cellulite package

Algae wrap in the *Soft Pack*

and anti-cellulite massage

90min./ 110€

Peeling, mask and anti-cellulite massage

105min./ 150€

Cosmetic treatments

Manicure

Normal

30min./ 40€

Normal with paraffin treatment

50min./ 55€

Deluxe (peeling, mask, massage and nail polish)

90min./ 70€

Nail polish

15min./ 10€

Pedicure

Normal

60min./ 50€

Normal with paraffin treatment

80min./ 60€

Deluxe (peeling, mask, massage and nail polish)

90min./ 75€

Nail polish

15min./ 10€

Shape - Eyebrow

15min./ 12€

Day SPA passes

Hotel guests - full day	22.50€
Non hotel guests - full day	27.50€
Up from 5pm - exclusive for hotel guests	12.50€
Pack 10 day card (max. 3 people)	190.00€

Access to the indoor swimming pool, jacuzzi, finnish sauna, turkish steam bath, ice cave, sensation shower, refreshing pool, relaxing room and fitness area. A robe, a towel, slippers and a key for a locker are included to use during the day. Tea, mineral water and fruit are free of charge. The treatments are not included.

Remarks:

Free use of the facilities on the day of the treatment if its total amount is **equal to or higher than 39.00€** (per person and already with discounts applied).



Spa rules

Reservations

All reservations are subject to availability. To guarantee your favourite date and time we recommend you to book your treatment at least 24 hours before.

Arriving at the Spa

Please arrive 30 minutes prior to your scheduled appointment in order to change and prepare yourself. Arriving late for your appointment will decrease your treatment time.

Duration of the treatments

The duration of the body treatments includes the time of the shower (before/after).

Cancellation policy

You can cancel your treatment 24 hours prior to your appointment. Any cancellation with less than 24 hours notice or all no-shows will be charged with 50% of the treatment.

Payment

Your treatment will be charged upon your arrival. We accept cash, credit card and cheque. If you are a guest at our hotel it can be charged to your room account.

Health

Before your treatment begins you will be asked to fill in a health questionnaire. Please inform us about any medical conditions. Massages or stimulating treatments are not recommended during the first 12 weeks of pregnancy.

Age policy

Children under 16 years old are not allowed to use the spa facilities or do any kind of treatment.

Facilities and dress code

Upon your arrival you will be given a bathrobe, a towel and slippers. Please have always a shower before using the indoor swimming pool, finnish sauna, turkish steam bath, jacuzzi and refreshing pool. Use your towel in the finnish sauna to isolate your body from the wooden benches. It is obligatory to use appropriate clothing at all times while exercising in the fitness room. It is not permitted to do nudism in any part of the spa.

Valuable objects

We recommend that you to leave your valuable objects in your hotel room or inside your locker. We decline any responsibility for any lost or stolen items while visiting or using the spa.

Spa etiquette

Help us keep the spa a place of tranquillity and relaxation. In order not to disturb the other spa guests please try to speak softly and avoid using any electronic equipment while at the spa.

Price list

All treatments, packages and prices are subject to changes without any prior notice. With the publication of this price list all the previous cease to be valid. VAT has been added to all prices.

Relaxing Can Be...Just Splendid!

RELAXING
CAN BE...
JUST
SPLENDID.

QUINTA SPLENDIDA
spa

Opening hours

Monday until Sunday: **10:30 – 19:00**

Please consult our information board for possible changes.

Reservations

Tel.: + 351 291 930 442 (ext. 4120)

Email: spa@quintasplendida.com