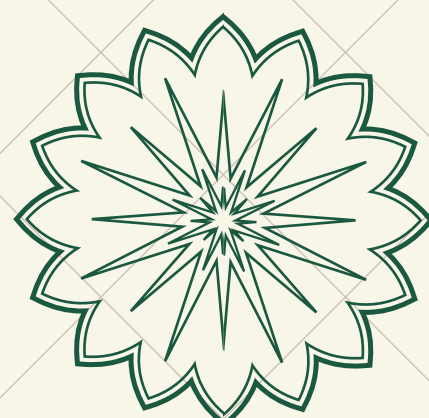


Quintinha São João*****



MASSAGES

LOCALIZED EXPRESS MASSAGE (20min.)

Therapeutic massage, concentrating on the area of the back, head, legs or feet, in order to achieve maximum relaxation.

This concentrates on the most affected areas by stress.

25,00€

RELAXING BACK MASSAGE (45min.)

Penetrates the deepest tissues, and liberates muscle tension resulting in a light and relaxed sensation.

40,00€

RELAXING FULL BODY MASSAGE (60min.)

This treatment harmonizes the emotional, mental and physical energies, releasing a full sense of well-being.

60,00€

COMPLETE HARMONY MASSAGE (60min.)

Let your body be molded by our therapist in a combination of comfort, peace and harmony.

65,00€

HOT STONES (70min.)

Based on age-old techniques that harmonize the emotional, mental and physical energies, using essential oils with a deep massage of relaxation and re-charging of energy.

70,00€

ZEN (50min.)

An all-round relaxing massage which caters very much to each individual. Great attention is paid to the person's state of mind and spirit.

45,00€

Please note: These treatments entitle you to 1 hour free access to the special showers, the hammam and sauna.

