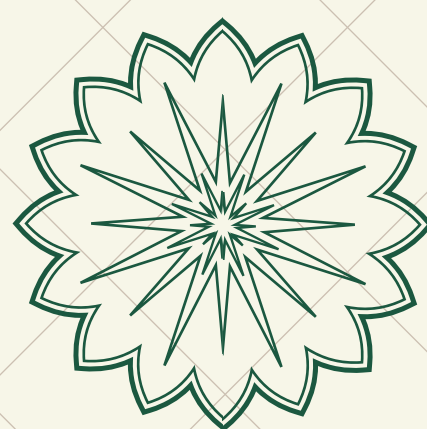


Quintinha São João*****



WATER TREATMENTS

Baths with a temperature of between 37 and 39 degrees are a perfect way to ease tension, smooth away pain whilst distributing oxygen to the cells.

Cold baths improve the body's defense mechanism against illness. Subtly changing between hot and cold baths is the technique used to lessen the flaccidity of the skin.

Make it so your bath, besides being a pleasant experience, affords health, comfort and well-being.

TROPICAL SHOWER - 5,00€
*** HAMMAM - 10,00€**
JACUZZI - 10,00€
*** SAUNA - 10,00€**

** Temporarily unavailable due to restrictions under the Covid rules in effect.*

