

## Couvert

**Húmus, crudites e molho tártaro** 3,50€  
*Hummus, crudites and tartar sauce*  
*Houmous, crudités et sauce tartare*

## Ometelete / Omelet

**Omelete** 7,00€  
*Omelet*  
*Omelette*

**Omelete Composta** 9,00€  
*Stuffed Omelet*  
*Omelette composé*

**Frango/Mista/Salmão Fumado**  
*Chicken/ cheese and ham/ smoked salmon*  
*Poulet/ Jambom/ Saumon Fume*

## Wraps

**Salmão Fumado, Queijo Creme e Rúcula** 9,00€  
*Smoked Salmon, Cream Cheese and Arugula*  
*Saumon Fumé, Fromage à la Crème et Roquette*

**Frango, Alface, Tomate e Molho Pesto** 7,00€  
*Chicken, Lettuce, Tomato and Pesto Sauce*  
*Poulet, Laitue, Tomates et pesto*

**Alface, Milho, Cenoura Ralada, Tomate e Azeitona** 5,50€  
*Lettuce, Corn, Carrots, Cherry Tomato and Olives*  
*Laitue, Maïs, Carottes râpées, Tomates et Olives*

## Burgers

**Novilho 200g, Cheddar e Bacon** 15,00€  
*Sm200g Burger, Cheddar and Bacon*  
*Veau 200g, Cheddar et Bacon*

**Veggie, Alface Romana e Tomate** 12,00€  
*Veggie Burger, Lettuce and Tomato*  
*Végétarien, Laitue Romaine et Tomate*

## Saladas / Salads

**Salada César** 13,00€  
*Ceaser Salad*

**Salada Caprese** 12,00€  
*Ceaser Salad*

## Tostas / Toasts

**Frango e Tomate** 7,00€  
*Chicken and Tomato*  
*Poulet et Tomate*

**Salmão Fumado e Cebolinho** 9,00€  
*Smoked Salmon and Chives*  
*Saumon Fumé, et Ciboulette*

**Mista com Oregãos** 6,00€  
*Cheese and Ham with Oregano*  
*Jambon et Origan*

## Tacos

**Camarão, Cebola Roxa, Coentros e Malagueta** 10,00€  
*Shrimp, Red Onion, Coriander and Chilli*  
*Crevettes, Oignon Rouge, Coriandre et Piment*

**Atum, Maionese de Wasabi e couve roxa** 9,00€  
*Tuna, Wasabi Mayo and Red Cabbage*  
*Thon, Mayonnaise au Wasabi et Chou Rouge*

## Bowl's

**Salmão, Abacate, Pepino e Couve Roxa** 12,00€  
*Salmon, Avocado, Cucumber and Red Cabbage*  
*Saumon, Avocat, Concombre et Chou Rouge*

**Atum, Sementes de Sésamo, Rabanete, Manga** 14,00€  
*Tuna, Sesame Seeds, Radish and Mango*  
*Thon, Graines de Sésame, Radis, Mangue*

## Sobremesa / Desserts

**Arroz Doce Vegan (S/ lactose)** 4,00€  
*Vegan Sweet Rice (Lactose free)*  
*Riz Sucré Végétalien (Sans lactose)*

**Sobremesa do dia** 4,00€  
*Desert of The Day*  
*Dessert du Jour*

## Fruta / Fruit

**Fruta do dia** 4,00€  
*Fruit of the day*  
*Fruits du jour*

Preços incluem a Taxa de Iva em vigor. Os produtos alimentares confeccionados, preparados, fabricados e/ou comercializados nesta unidade podem conter substâncias ou produtos que provocam alergias ou intolerâncias alimentares, tais como: Cereais que contêm glúten, crustáceos, ovos, peixes, amendoins, soja, leite (incluindo lactose), frutos de casca rija, aipo, mostarda, sementes de sésamo, dióxido de enxofre e sulfitos, tremçoço e moluscos e produtos derivados destes. (De acordo com o Anexo II, do Regulamento (UE) nº 1169/2011). Em caso de dúvida, solicite informação aos colaboradores ao serviço.

Prices include the current VAT rate. Food products prepared, prepared, manufactured and/or sold in this unit may contain substances or products that cause food allergies or intolerances, such as: Cereals containing gluten, crustaceans, eggs, fish, peanuts, soy, milk (including lactose), nuts, celery, mustard, sesame seeds, sulfur dioxide and sulphites, lupine and shellfish and products derived therefrom. (According to Annex II of Regulation (EU) No. 1169/2011). In case of doubt, request information from the employees at the service.